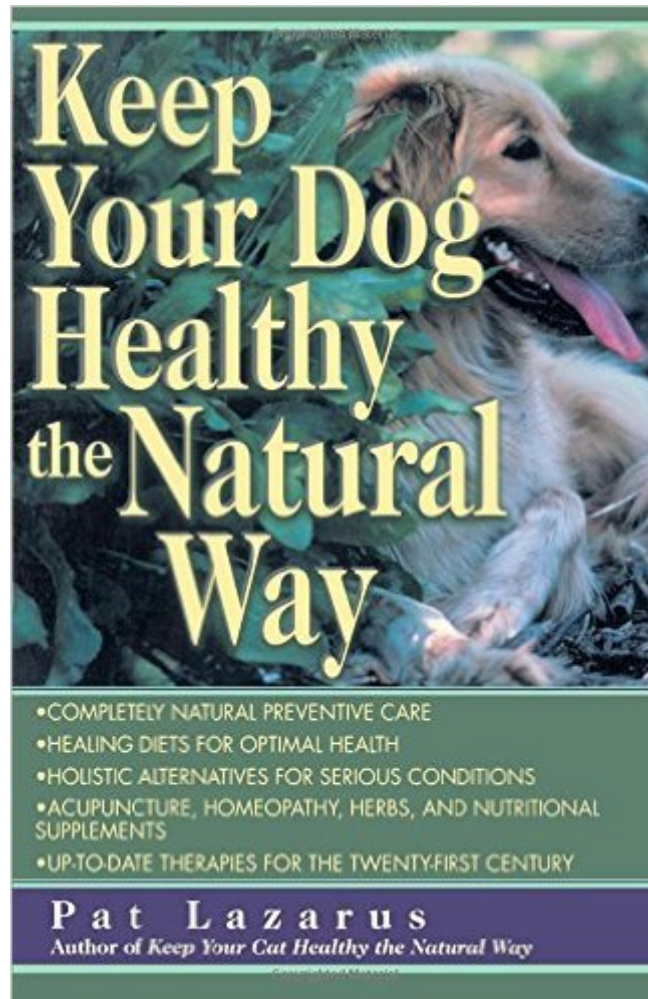


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# Keep Your Dog Healthy The Natural Way



## Synopsis

The best treat you can give your dog is a long and happy life. *Keep Your Dog Healthy the Natural Way* tells you how to do it. Millions of people who use holistic healing techniques on themselves are now discovering they can apply these same powerful practices to their canine companions for a longer, healthier life. Drawing on the clinical experiences of dozens of holistic veterinarians around the country, medical writer Pat Lazarus gives you all the information you need to protect your pet's health and insure his survival to a lively old age. Inside you'll find-

- The inexpensive natural diet that every dog needs to maintain a strong immune system-
- The startling facts about conventional vaccinations--and the safer alternatives-
- Tailor-made diets for pregnant dogs, nursing mothers, and active puppies-
- The healing benefits of acupuncture, homeopathy, chiropractic, and food supplements for old and "terminally" ill dogs-
- New hope for infectious diseases, cancer, heart trouble and hypertension, arthritis, and problems of the eye, skin, and hair-
- The revealing truth about the ingredients in most commercial dog food

And much more! With the easy, natural care detailed in this book--including an essential directory of holistic veterinarians nationwide--your dog can enjoy the good health he deserves, from puppyhood to ripe old age.

## Book Information

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## Customer Reviews

This is a new, completely revised edition of Lazarus' "*Keep Your Pet Healthy the Natural Way*" except that she has chosen to write a separate book on natural cat care this time around. As with her first book which was published 15+ years ago, Lazarus did the research for this book by sending questionnaires to a number of holistic vets. As a result, we get the views and treatment approaches

of a number of different vets (including Dr. Martin Goldstein, Dr. John Fudens, Dr. Carvel Tiekert, etc.). Unfortunately not all of the advice has been updated (some of it appeared in her first book), and she does not point out which recommendations were given by the vets 15 years ago and which ones are current. The first part of the book deals with preventing disease. It starts with a chapter on the problems with commercial foods which should be interesting to those not already familiar with Ann Martin's, Dr. Goldstein's, or Dr. Pitcairn's books. Then Lazarus goes into feeding a natural diet, and this is definitely the worst part of the book, since the diet she recommends is dangerously unbalanced. It does not contain nearly enough calcium to balance out the high phosphorous levels in the meats and grains she recommends feeding. Also, a diet consisting of just 33% - 50% raw meat is not really optimal for a healthy canine. Dogs, after all, are carnivores, and our long experience with natural rearing and feeding indicates that they tend to do best on a diet that consists of 75% raw meat and bones. Unfortunately Lazarus does not really approve of feeding bones. She says that of the 10 holistic vets she questioned on this subject, 7 said not to give any bones, 2 said that only a specific type of bone was okay (e.g.

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